

Alexis M. Davis, Ph.D.
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601-421-1735 (WhatsApp)

Professor Teaching Philosophy:

I engage the classroom as an incubator of the psyche providing critical thought provoking activities and lectures. I appreciate facilitating a culture of excellence and standard by utilizing Hip-Hop curriculum through flipped classroom methods. I believe that each student learns in their own unique way, and it is my goal to create a classroom that is safe for all learning to take place. I foster my classrooms as knowledge temples where students can come to be refreshed and energized with necessary knowledge to propel them into advocates for social justice determined to change the world for the better in the student's respective field.

Education

Ph.D., Clinical Psychology, Jackson State University, Jackson, MS August 2018
Accredited by the American Psychological Association (APA)

Dissertation entitled: The Link between Racial Bias, Attitudes and Perception of Contemporary Rap Music, Racial Identity and Collective Self-Esteem among Black College-Aged Men and Women

Chair: Cheryl Moreland, Ph.D.

BS, Psychology, *Summa Cum Laude* Philander Smith College, Little Rock, AR May 2013

Research & Clinical Interests

- Connecting clinical and research experiences to create an informative and educational experience within academia.
- Teach both undergraduate and graduate level courses.
- Create research labs that will conduct social science research examining the social and behavioral influences of hip-hop culture, specifically rap music on the Black community.
- Further exploring the link between Racial Bias, Racial Identity, Collective Self-Esteem, and Attitudes and Perceptions of Contemporary Rap Music.
- Mental Healthcare disparities among Black people.
- Racial Identity Development
- Providing individual and group therapy for veterans, inmates, and civilians suffering from PTSD and Major Depressive Disorder
- Providing individual and group therapy to college population.
- Providing individual and group therapy to women who have experienced sexual trauma
- Providing marriage and family counseling

University of Arkansas for Medical Sciences
HBCU MedTrack Program

May 2020-Present

Psychology/Sociology Instructor

- Developed instructional plan for pre-med students attending Historically Black Colleges and Universities in Arkansas
- Participated in panels to help inform students of graduate school.
- Assessed students progress throughout the program through quizzes, class debates, and discussion.

Philander Smith College

July 2019-May 2020

Tenure-track Assistant Professor

General Education Advisor for Psychology Majors

- Assessed students' progress by grading papers, test, and other work
- Developed instructional plan for the course and ensured that it meets college and departmental standards
- Planned lessons and assignments
- Served on the Internal Review Board Committee
- Served on the Policies Committee for faculty
- Presented subject matter to students using lectures and discussions
- Developed curriculum for three courses (Sport Psychology, Black Psychology, and Psychology of TV, Film, and other media).
- Advised first year students with their general education requirements.
- Developed an organization of students "2PsyCrew" to host Media take over events
 - Live Podcast discussion: Mental Health at HBCUs
 - Original Documentary Development, Production, and Screening

Courses Taught:

- General Psychology PSYC 103 03 and 04
- Developmental Psychology PSYC 253 01
- Sport Psychology PSYC- developed curriculum
- Abnormal Psychology PSYC
- Black Psychology- developed curriculum
- Psychology of TV, Film, and other Media- developed curriculum

University of Kansas, Counseling and Psychological Services September, 2018 – June 2019

Staff Psychologist

Lawrence, KS

- Provided psychological services to undergraduate and graduate students.
- Conducted initial consultations for individuals seeking psychological services
- Provided individual and group therapy
- Developed and Implementing "Keep Ya Head Up" Hip-Hop Group Therapy for Black students (March, 2019-May, 2019)
- Chart individual session progression of clients using SOAP notes
- Member of APA Internship Training Committee
- Provided consultation to current Interns and Practicum students, as needed
- Developed and co-conducted "Hip-Hop to Heal Holiday Blues" Workshop for students, faculty, and staff.
- Developed, hosted, and raised funding to hold the first "Know Thyself: Black Mental Health Retreat" (February, 2019; \$800.00 funds raised, and donations provided from Black owned businesses).

Supervised Clinical Training

El Paso Psychology Internship Consortium

August/2017 – August/2018

University of Texas at El Paso

APA Accredited Internship

Clinical Supervisor(s): Sherri Terrell, Ed.D.

Pre-Doctoral Intern

El Paso, TX

- Provided psychotherapy to UTEP undergraduate and graduate students.
- Conducted triage and intake evaluations for individuals seeking psychological services.
- Provided individual therapy.
- Co-facilitated a DBT group for women.
- Co-facilitated a Women's process therapy group.
- Co-facilitated a Co-ed processing therapy group.
- Charted individual session progression of clients using DAP notes.
- Completed Psychological Evaluations Reports after completion of thorough assessment.
- Conducted Workshops and Seminars with students, faculty, and staff.
- Developed, Organized, raised funding, and hosted "Love and Hip-Hop Week: UTEP Edition"
- Attended weekly seminar and didactics
- Provided Supervision to a Master's level social work student (Duration: One semester, Fall 2017).
- Provided Supervision to a Doctoral level Counseling Psychology student (Duration: One semester, Spring 2018).
- Provided career counseling to students who were indecisive about career goals.

Hinds Behavioral Health Services (Region 9)

August/2015 – March 2017

Clinical Supervisor(s): Kathy Crockett, Ph.D., Ph.D., Bryman Williams, Ph.D.

Psychology Extern

Jackson, MS

- Provided psychological services to a community based population ranging in clinical presentation with presentations ranging from mild to severe mental illness.
- Conducted intake evaluations for individuals seeking psychological services
- Provided individual therapy
- Co-facilitated a substance abuse Intensive Outpatient Program (IOP) group
- Developed and facilitated *Tamar's Closet: A group for women who have experienced sexual trauma*
- Charted individual session progression of clients using SOAP notes
- Attended Strategic Planning meetings and assisted with development of Strategic Plan for a community mental health center in rural Mississippi
- Administered assessments in the evaluation of psychological disorders.
- Provided Supervision for Doctoral level and Master's level externs (Duration; length of position).
- Provided Cultural Competency Training for agency clinicians (8 hour day training; total clinicians attended: 69 both child/adolescent and adult clinicians).

Test Administration

June/2016 – March 2017

Clinical Supervisor: Morris Alexander Ph.D.

Assessment Administrator

Vicksburg, MS, Brookhaven, MS, Greenville, MS

- Administered cognitive batteries to a diverse set of individuals seeking disability services. (e.g., WAIS-IV, WISC-IV, WISC-V, WPPSI III, WPPSI-IV, WRAT-4) throughout the Delta region of Mississippi.

Central Mississippi Correctional Facility

July/2016 – March/2017

Veterans Pod

Clinical Supervisor: Kathy Crocket MPH, Ph.D., Ph.D; Barbara Parker-Thornton.

Psychology Extern

Pearl, MS

- Developed and facilitated a CBT for Depression group to male veterans who were incarcerated.

JSU Applied Psychological Services Clinic

August/2014 – August/2015

Clinical Supervisor(s): Pamela Banks, Ph.D., Cheryl Moreland, Ph.D.

Psychology Extern

Jackson, MS

- Provided psychological services to college students and community members within the Jackson, Mississippi area and near cities.
- Conducted intake evaluations for individuals seeking psychological services
- Provided individual therapy
- Charted individual session progression of clients using SOAP notes
- Administered assessments in the evaluation of psychological disorders.
- Completed Psychological Evaluations Reports for clients at the termination of treatment.

Research Experience

Doctoral Dissertation

2016 – 2018

Jackson State University, Department of Psychology

Project Title:

The Link between Racial Bias, Attitudes and Perception of Contemporary Rap Music, Racial Identity and Collective Self-Esteem among Black College-Aged Men and Women

Chair:

Cheryl Moreland, Ph.D.

Description:

The purpose of this study was to examine the relationships and effects of racial bias, racial identity, collective self-esteem, and perceptions and attitudes towards rap music among students at a Historically Black University in the Southern region of the United States.

Research Assistant

2016 – 2017

Anxiety Study Group Research Laboratory, Jackson State University

Project Title: EmWave and Heart Rate Variability Study: Building Personal Resilience through Coherence Training
Supervisors: Taunjah P. Bell-Neasman, Ph.D., Juliette Schweitzer, Ph.D., Dawn Bishop-McLin, Ph.D.
Description: The purpose of this study was to use emWave ProHealth technology and cardiac coherence training techniques (e.g., Quick Coherence, Inner-Ease, Heart Lock-In, and Freeze Frame) developed by the HeartMath Institute (HMI) to help participants cultivate cardiac coherence represented by a smooth and consistent heart rate variability (HRV) pattern.
Duties: Attended training sessions, assisted with research protocol development, and assisted with data collection.

Research Assistant

2014 – 2015 University of Mississippi Medical Center
Project Title: Factors Influencing Women’s Self-Protection Regarding HIV Transmission
Supervisor: Deborah Konkle-Parker, Ph.D., FNP
Description: The purpose of this study was to examine the factors that influence women’s thought processes about protecting themselves when they are at risk for HIV transmission.
Duties: Assisted with data collection, conducted audio-taped interviews, assisted with data cleaning and analysis.

Principal Investigator

2014 – 2015 Jackson State University
Project Title: Understanding the Link between Attitudes and Perceptions of Rap Music, Racial Identity, and Self-Esteem of college-aged African American Men and Women
Supervisor: Cheryl Moreland, Ph.D.
Description: The purpose of this study was to examine the relationship between, racial identity, self-esteem, and perceptions and attitudes towards rap music among African American students at a Historically Black University in the Southern region of the United States.
Duties: Word Processing, data collection, analysis, research write-up, poster presentation.

Supervised Supervision Experience

Hinds Behavioral Health Services (Region 9)

August/2016 – March/2017

Clinical Supervisor: Kathy Crockett, Ph.D., Ph.D.

Senior Extern

Jackson, MS

- Performed coordinative and supportive supervisory work in support of clinical externs at Hinds Behavioral Health Services (Region 9).
- Coordinated with Executive Director of Region 9 to provide training for initial navigation through systems within the agency (e.g., appointment scheduling, intake protocol, etc.)
- Developed and Coordinated Brown Paper Bag lunch discussions for externs

- Coordinated and provided supportive supervisory work of extern case consultation presentations.

El Paso Psychology Internship Consortium
CAPS UTEP

August/2017-August/2018

Clinical Supervisor: Brian Sneed, Ph.D.

- Performed coordinative and supportive supervisory work in support of both Master's level and Doctoral level clinical externs at CAPS.

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Consultation Experience

Provided Training on:

Cultural Competence: Assessing and Diagnosing Clients of different Cultural Backgrounds

Hinds Behavioral Health Services

Jackson, MS

May 2016

The Gathering 2.0: A Black Student Leadership Experience

Keynote Speaker

University of Kansas Student Involvement and Leadership Center

Lawrence, KS

November 2019

Hip-Hop to HEAL Holiday Blues

University of Kansas

Oliver Hall

Lawrence, KS

November 2019

Racial Battle Fatigue: How to combat it and Self-Care Techniques

University of Kansas Black Faculty and Staff Council

Lawrence, KS

February 2019

Leadership over Lunch: Mental Health and Leadership

University of Kansas Student Involvement and Leadership Center

Leadership Education

Lawrence KS

February 2019

Cultural Competence: Assessing and Diagnosing Clients of African Descent at a PWI

University of Kansas Counseling and Psychological Services

Lawrence, Kansas

May 2019

Hip Hop and Black Mental Health

Philander Smith College

Little Rock, Arkansas

March 2019

Hip Hop to H.E.A.L.E.D.

Sigma Chi Chi Chapter of Eta Phi Nursing Sorority, Inc. Leadership Conference

Virtual

January 2021

H.E.A.L.E.D. through Hip Hop

Arkansas Peace and Justice Memorial Movement
College Art of Racial Healing
National Day of Racial Healing
Virtual

January 2021

Teaching Experience

Jackson State University
Graduate Teaching Assistant
Jackson, MS

Spring 2014

Course: General Psychology

Instructor: Theresa Kearns-Cooper, Psy.D.

- Presented subject matter to students under the direction and guidance of the instructor, using lectures and discussions.
- Assisted with the grading of papers, test, and other work

Jackson State University
Instructor
Jackson, MS

January 2015-April 2016

- Assessed students' progress by grading papers, test, and other work
- Developed instructional plan for the course and ensured that it meets college and departmental standards
- Planned lessons and assignments
- Presented subject matter to students using lectures and discussions

Course Taught:

- PSY-201-60 General Psychology (Hybrid)

Conference Presentations

Davis, AM., Njeri, A. *Cultural Misorientation and Hip-Hop as a medium for wellness.* (2019). Oral presentation presented at the 10th National African/Black Psychology Conference, Tallahassee, Florida.

Davis, AM. *Hip-Hop to H.E.A.L.E.D: Unpacking the connection between Hip-Hop Culture, Black Culture, African Ancestry, and Healing.* (2019) Oral Presentation presented at the 2019 51st Annual Association of Black Psychologists Convention, Orlando, Florida.

Davis, AM. *Hip-Hop & Black Mental Health.* (2019). Oral presentation at Philander Smith College, Little Rock, Ar.

Davis, AM, Moreland, C. *Attitudes and Perceptions of Rap music, Racial Identity, and Self-Esteem.* (2016). A poster session presented at the 2016 Mississippi Academy of Science Annual Meeting. University of Southern Mississippi, Hattiesburg, MS

Davis, AM., Moreland, C. *Perceptions and Attitudes of Rap, Identity, and Self-Esteem of African Americans.* (2015). A poster session presented at the 2015 47th Annual Association of Black Psychologists Convention, Las Vegas, Nevada.

Davis, AM., Moreland, C. *Perceptions and Attitudes of Rap, Identity, and Self-Esteem of African Americans.* (2015). A poster session presented at the 2015 Mississippi Psychological Association 66th Annual Convention, Bay St. Louis, Mississippi.

Kearns-Cooper, T.S., **Davis, A.M.,** Dawkins, M., Farah, N., Williams, S. (2015). *Cultural Considerations to Suicide Attempts of African Americans: The Postulation of Creating a Culture Specific Risk Assessment.* 2015 Mississippi Academy of Science Annual Meeting, University of Southern Mississippi, Hattiesburg, MS.

Kearns-Cooper, T.S., **Davis, A.M.,** Dawkins, M., Farah, N., Williams, S. (2015). *Cultural Considerations to Suicide Attempts of African Americans: The Postulation of Creating a Culture Specific Risk Assessment.* 2015 National Association of African American Studies Conference, Baton Rouge, LA.

Davis, AM. (2012). *Physical and Mental Health Differences in Self-Reported Substance Users and Non-Substance Users among SMI Patients.* Poster session presented at the 2012 (July) Center for Research and Learning Summer Research Projects Symposium, Indiana University- Purdue University Indianapolis, Indianapolis, IN.

Davis, AM. (2011) *Understanding the Link between Culture and Symptoms in Schizophrenia: Expert Ratings and Behavioral Analysis.* Poster session presented at the 2011 (Oct.) Arkansas Psychological Association Convention, Student Poster Presentations, Little Rock, AR.

Davis, AM. (2011). *Understanding the Link between Culture and Symptoms in Schizophrenia: Expert Ratings and Behavioral Analysis.* 2011 (June) Pre-Doctoral Scholars Institute Research Symposium, Louisiana State University, Baton Rouge, LA.

Publications

Davis, AM, Moreland, C. *Attitudes and Perceptions of Rap music, Racial Identity, and Self-Esteem.* (2016). Journal of the Mississippi Academy of Sciences. 61 (1). 158-159.

Kearns-Cooper, T.S., **Davis, A.M.,** Dawkins, M., Farah, N., Williams, S. (2015). *Cultural Considerations to Suicide Attempts of African Americans: The Postulation of Creating a Culture Specific Risk Assessment.* Journal of the Mississippi Academy of Sciences. 60 (1) 141-142.

Professional Organization Membership

Association of Black Psychologists <i>Graduate Student Member</i>	2014 - 2016
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Mississippi Psychological Association <i>Graduate Student Member</i>	2014 – 2015
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Delta Sigma Theta Sorority, Inc. 2012-Present

Trainings and Workshops

Received Certified Clinical Trauma Professional Certification
International Association of Trauma Professionals

May 2019

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference (certification in progress)

PESI, Inc.
Anaheim, CA

April 2019

Diagnosis CEU for Anxiety Disorders & the Use of Acceptance and Commitment Therapy (ACT)
The Anxiety Center at Renew Counseling, Inc
Olathe, KS

January 2019

Autism Foundations Trainings for the Lifespan
Mississippi's Statewide Training Initiative c/o Boswell Regional Center
Jackson State University
Jackson, MS

2015

HIV/Substance Abuse Prevention Training
Interdisciplinary Alcohol and Drug Studies Center
Department of Criminal Justice and Sociology
Jackson State University
Jackson, MS

2015

Diagnosing with the DSM-5
Hinds Behavioral Health Services (Region 9)
Jackson, MS

2015

Professional Activities and Service

National Depression Screening Day
Counselor-Intern
University of Texas El Paso
El Paso, Texas

2017

A Charter Member of the Association of Black Psychologists (ABPsi) Student Circle at JSU
Jackson State University
Jackson, MS

2014

Charter president of the ABPsi Student Circle at JSU
Jackson State University
Jackson, MS

2014-2015; Spring 2016

National Depression Screening Day

Volunteer Counselor
Jackson State University
Jackson, MS

2013

Professional References

The below professional references may be contacted in support of Alexis M. Davis, Ph.D., CCTP, TLP:

Patricia Griffen, Ph.D.

Licensed Clinical Psychologist

Mentor since undergraduate matriculation at Philander Smith College 2009-Present.

Telephone: (501) 413-7609

Email: patricia4424@att.net

Bryman Williams, Ph.D.

Training Director Jackson State University Clinical Psychology Doctoral Program/ Licensed Clinical Psychologist

Instructor, Training Director, Dissertation Committee member, and Mentor 2013-Present.

Telephone: (601) 750-4797

Email: bryman.e.williams@jsums.edu

Cheryl Moreland, Ph.D.

Assistant Professor/ Licensed Psychologists

Instructor, Research advisor on thesis and dissertation research, Clinical supervisor, and mentor 2013-Present

Telephone: (601) 979-5991

Email: Cheryl.d.moreland@jsums.edu